



The ARA BRIDGE

American River Alano, 9346 Greenback, Suite# 8
P.O. Box 2354, Orangevale, CA 95662

October 2010
Amy Doyon, Editor

Board of Directors 2010

Steve Sarro

President

984-9786

Dave Rohrdanz

Vice President

276-6743

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Secretary

342-1404

Wally Rapp,

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989-8563

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837-4362

Roger Edwards

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549-5776

Members-at-Large:

Sandy Masters,

660-9535

Amy Doyon

233-7911

Kellie Smith

988-8119

Bill Sugnet

934-9277

One Vacancy

A Memo from Membership

By Sandy Masters

Welcome to our new members this year: RE M, Mike O, Robin D, Jack D and Pauline H. Joining the American River Alano is what keeps our doors open. We rely on annual membership dues to operate the Alano. Spread the word and invite your friends to join!

Anyone can be a member!! As of the end of September, we had 49 paid up members, and quite a few that have been invoiced but have not yet paid their annual dues. **Remember**, dues must be paid by **November 15th** in order to vote!

Bulletin Board . . .

Did you notice, the main Bulletin board, has lots of Good info; Board minutes, Financial Report, List of Directors, List of Trustees, all their phone numbers, General Info, Check it out!

New Building Fund now has:

\$3,862.90

The ultimate goal for a down payment on our own facility is:

\$100,000.00

2010 General Membership Meeting, Nov 28th

Meeting, Nov 28th

All members are encouraged to attend the annual meeting at 5:30 on Sunday, November 28th, to hear the **annual report** by the Board, and to elect six members to fill the Board vacancies. The Board consists of 7 to 11 Directors, each serving a two year term, staggered so that one half are elected each year. The **Board Officers** are elected each year during the December Board meeting for the following year. There will be snacks and an opportunity to express your ideas **about** how we should be functioning.

ARA Mailbox –

On the lobby desk is for messages to the groups and ARA Board members. Please check it at least weekly, and please don't use it as a file cabinet.

Last Attendance Survey Stats:

Weekly average: 723

Daily average: 103

Did you notice...?

The American River Alano has been looking better lately. Our thanks to Cindy F. who is doing a great job.

Tel: (916)989-8563

www.AmericanRiverAlano.org



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Approaching the fall Season.....

Alcathons. . .

With the holiday season approaching, Groups are reminded of the ARA policy: Alcathons at ARA must be sponsored by a tenant group, with prior approval of the Board and coordination with all other groups affected during the alcathon time period.

Appropriate supervision and clean-up plus a donation to the ARA for the increased facility usage is expected.

ON THE HONOR SYSTEM!!!!

Sodas and Bottled Water are available, in the refrigerator. Please make a \$1.00 donation to ARA for these items, so they may be replenished. We do appreciate your donations. Please note that the autonomous meetings at the American River Alano provide coffee and tea for your *enjoyment*.

Lets RECAP.....Many members of Alcoholics Anonymous raved about the recovery found and the connections made at the conference of 2010.

San Antonio- 07/01/10 – 07/04/10

Approximately 80 thousand attendees

The Saturday “Old Timers Meeting” was pretty amazing with the chair having over 40 years sobriety, stated an anonymous member.

There were speaker meetings; recovery related shopping, restaurants, great accommodations. There was a street outside the conference that was called the River Walk filled with restaurants and shops along the river. Another anonymous member stated that it was very nice to be in and together with so many like minded people that it felt so comfortable.

If ever one gets a chance to be a part of a large conference you must. The feeling of camaraderie and togetherness is so wonderful and could possibly define your place in recovery. You never know. Just try it out sometime.....

Get into service in many ways

Many of us say we want to be of service here is the perfect opportunity. The Alano club is always looking for volunteers to help out.

**** Some of the ways to be of service ****

- >Organizing a cleaning crews
- > Helping w/ the Alcathons throughout the Holiday Season
- > Donation to keep the Alano Club Thriving
- > Start a new meeting or suggest moving a meeting to the Alano

*** Do you know why it so important that you are a member of the Alano?**

*** Do other people at the meetings you go to know why it is important that we have members?**

The Friday Night Meeting is hosting an Ice Cream Social in December with a special emphasis on Alano Club Service and what it means to be a member. At this time we rely almost 40% on member donation once a year to keep the meeting hall open for meetings. This is why we are stressing membership through the next fee months. Keep your eyes open for the social and

(Don't worry we will stay tradition friendly)

Please contact any of the Work Group leaders for additional information and to answer any questions!!! Thank You!!!